

RESUME

Name: Yaor Guy Barhum

Date of birth: 9/30/1973

Place of birth: Israel

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EDUCATION

2018- Hata Yoga certified teacher, 200 hours, swasti Yoga, Rishikesh india.

2016- 2018- Hatha Yoga classes, Prana Yoga College Israel, Swasti Yoga Rishikesh, Auroville, india

2016- 2018- Qi Gong classes: Auroville, india, Israel, Switzerland.

2014- Ayurveda and herbs studies: Anjali school, and Kannur, kerala, india

2013- Thai massage studies: "Sunshine Network", Lahoo Village, Thailand

2012- Bach Flower Remedies and Aromatherapy including oil massage: Shlos College, Tel Aviv, Israel. **Bach flower therapist certificate, Aromatherapy therapist certificate.**

2010-2012 Zen Shiatsu Therapy, T.C.M Nutrition, Meridian Yoga: Reidman College, Tel Aviv, Israel: **Junior Zen Shiatsu Therapist certificate, Senior Zen Shiatsu Therapist certificate.**

1996-2003 B.A +M.A – Arabic literature & Middle Eastern Studies, Hebrew University, Jerusalem, Israel

EXPERIENCE

2010-2018 Zen Shiatsu Therapist

2017-2018 Abraham Hostel & private clinic in Tel Aviv, different Festivals in Israel (Osho, Zorba the Bodha, bodyways), Hungary (ozora), France (Harmonic), Sweden (space of love), private events, home visits.

2015-2016- Quiet Healing Center (spa) & verite guest house, Auroville india

2012-2014- Private clinic.

2010-2012 Clinic at school + private clinic.

2014- 2018- Meridian Yoga & Qi Gong + Shiatsu Teacher

2015- 2016- verite guest house, auroville, india. 5 classes a week, 2 workshops a month.

2016-2017- Israel: Bavli Community Center, Tel aviv: 3 groups (parents and children, seniors, and retired). Matalon Community Center, Petah Tikva: 1 group (retired), A.B. Shikum, Kefar Saba- institution for disabled & special needs: 4 groups

2016-2018- Private workshops for groups: Israel + Geneva/switzerland), Festivals: Osho, Bodyways, and Nataraj (Israel), Ozora (Hungary), space of love (Sweden), Harmonic (France).

2014- 2018 Private classes for families, groups, and individuals- Israel.

2015- 2018- Bach flower Therapist Verite Guest House, India, and Private clinic, Israel.

2014-2018- Workshops facilitator: Zen Shiatsu, Meridian Yoga. Israel, Europe, India. Running dozens of workshops.

2016- 5 days Zen Shiatsu, Meridian Yoga & Nutrition Retreat- Auroville India.

Nutrition and Lifestyle including Aromatherapy Therapist

2014- 2016- Auroville India- Verite guest house, private clinic in Israel.

2008-2014 - teacher in police academy in Israel- teaching intelligence and investigation- a lot of experience with groups and running hundreds of courses.

Sports

2003- 2018- semi professional **ping pong** player.

1986- 2007- professional **football** player- teenagers, **basketball** player- Hobby

previous job: 2003- 2015 Israeli police:

intelligence (6 years), teaching in police academy (6 years).